



TIER PATHWAY

TRAUMA INFORMED EDUCATION & RECRUITMENT

ABOUT TIER

The TIER Pathway is a Resilience Learning Partnership initiative for people 18+ with lived experience of trauma. The aim is to support participants to explore and realise their goals and aspirations whether that be college, university, paid employment, voluntary work or further engagement with RLP & TIER.

- 24 week programme co-produced by the participants
- Running 1 day per week 10.30-3pm
- Starting Tuesday 12th of September
- Based in Alloa, Clackmannanshire
- Bus and train travel reimbursed, lunch and materials provided

"I have gained more confidence in myself, and it has given me the motivation to smash my goals."

"Communication, inner strength a lot more self-worth and I believe in myself a lot more now."



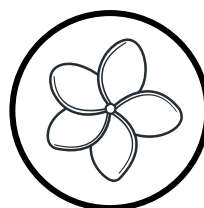
CO-PRODUCTION

The participants are involved in designing their own pathway through teamwork and building authentic REALationships.



LIVED EXPERIENCE LED

Originally co-produced using facilitators with a mix of personal and professional experiences. Reimagined with feedback from past participants and ready to react to new input.



TRAUMA INFORMED

Working with a trauma informed approach using the 5 key principles;
Choice - Trust - Safety - Empowerment - Collaboration



ASSET-BASED APPROACH

Helping participants identify their skills and strengths while supporting them to build the confidence to share these within their networks and communities.

COME ALONG AND HEAR MORE ABOUT TIER AND RLP ON

TUESDAY 29TH AUGUST 10.30-12.30

CONTACT BY EMAIL OR TEXT TO BOOK A SPACE

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