TIER PATHWAY

TRAUMA INFORMED EDUCATION & RECRUITMENT

ABOUT TIER

The TIER Pathway is a Resilience Learning Partnership initiative for people 18+ with lived experience of trauma. The aim is to support participants to explore and realise their goals and aspirations whether that be college, university, paid employment, voluntary work or further engagement with RLP & TIER.

- 24 week programme co-produced by the participants
- Running 1 day per week 17th January – 15th July 2022 (with 2 week break in April)
- 10 - 3pm with flexibility around timings if needed
- Based in Alloa, Clackmannanshire
- Travel, lunch and materials provided
- A mixed group and a female only group are available

"I have gained more confidence in myself, and it has given me the motivation to smash my goals."
(2021 TIER Participant)

"Communication, inner strength a lot more self-worth and I believe in myself a lot more now."
(2021 TIER Participant)

CO-PRODUCTION

The participants are involved in designing their own pathway through teamwork and building authentic REALationships.

LIVED EXPERIENCE LED

Originally co-produced using facilitators with a mix of personal and professional experiences. Reimagined with feedback from past participants and ready to react to new input.

TRAUMA INFORMED

Working with a trauma informed approach using the 5 key principles;
Choice - Trust - Safety - Empowerment - Collaboration

ASSET-BASED APPROACH

Helping participants identify their skills and strengths while supporting them to build the confidence to share these within their networks and communities.

Get in touch ● **hayley@resiliencelearningpartnership.co.uk** ● **07842 315179**